

DownEast Teen Leadership Camp

Learning Today to Lead Tomorrow



Team Building

Students engage in fun activities and games with teams and family groups.

Building Leaders for Tomorrow

DownEast Teen Leadership Camp (DETLC) is Healthy Acadia's annual, five-day residential summer camp program for teens entering grades 7 through 9. The program primarily serves Washington County youth, though teens from Hancock County and beyond are also welcome.

The vision of DownEast Teen Leadership Camp is to provide teens with social, communication, and leadership skills to support emotional resiliency and to deter misuse of substances, including tobacco, alcohol, marijuana, and other drugs.

DETLC is deeply impactful for the youth who participate. The program and staff combine a positive summer experience with opportunities for teens to build their knowledge and tools to help them make healthy choices, strengthen emotional resilience, and hone leadership skills. Campers can build on their DETLC experience with our ongoing school-based programming and participation in Healthy Acadia's regional DownEast Youth Action Team (DEYAT), which assists with DETLC planning throughout the year.



Daily Workshops

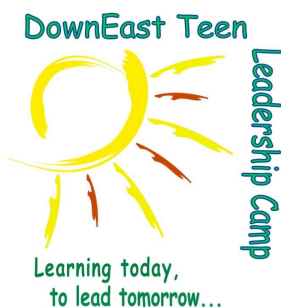
Tackling peer pressure, substance use, embracing diversity, and more.



Guest Speakers

Highly interactive presentations from motivational speakers and educators.

"I can easily say I've met some of the most incredible people during my experiences at camp."



Why Attend DETLC?

- Build social connections, confidence, and self-esteem
- Better understanding of individual motivations, passions, goals, and sense of purpose
- Development of problem-solving, critical thinking, and leadership skills
- Increased understanding of substance use issues and knowledge of positive alternatives
- Reduced likelihood of using/misusing tobacco, alcohol, and other substances in the future
- Continued development of leadership skills throughout the coming school year



"DETLC gives me a place to learn more about getting involved in my community, a place to make new friends, and a place to develop important life skills, as well as a place to really be myself."

DETLC Empowers and Inspires Teens

Since 2000, DETLC has empowered more than 500 teens from rural Washington County, Maine, and beyond to live substance free and serve as positive role models and inspiring civic leaders in their schools and communities. Many campers who attend DETLC return as campers in subsequent years and again to serve as junior staff as high school and undergraduate students. In recent years, DETLC has hosted nearly 60 campers per session. Despite the challenges posed by the COVID-19 pandemic, we were able to offer a modified DETLC in 2021 and 2021 - tuition-free - with 24 campers and 15 staff participating in each session.

DETLC Needs Your Help

The 2022 session of DETLC is set for July 25-29. Though the per-camper cost of DETLC was approximately \$600 per camper in 2021, we limited tuition to just \$295 per camper, and have always offered significant scholarships based on need. Scholarships and camp costs not covered by camper fees are paid for through community fundraising, local sponsorships, and grant funding. Your monetary gift, if any amount will help to ensure that DETLC continues to serve as many youth as are interested, regardless of financial need.



Sponsor a camper for DETLC 2022

Invest in building leaders for tomorrow by sponsoring a DETLC camper at one of the following sponsorship levels:

- **Youth Trailblazer:** \$1,475 (5 campers*)
- **Youth Innovator:** \$590 (2 campers*)
- **Youth Pathfinder:** \$295 (1 camper*)
- **Youth Supporter:** \$147.50 (½ camper*)

Donate online: bit.ly/supportDETLC

FMI contact Sara McConnell at Sara@HealthyAcadia.org or 207-255-3741.

**at the subsidized tuition rate of \$250 per camper*