

Maine Alliance for Recovery Coaching

Be part of the Movement
Recovery Happens!

TRAINING DESCRIPTION & LINK TO REGISTER

Recovery Coach Academy

CCAR RCA is a 5-day intensive training, providing individuals with the skills needed to guide and support anyone who would like to enter into, or sustain recovery from an addiction to alcohol and or other drugs.

registration link: [register for RCA](#)

Recovery Coaching Basics

Based on CCAR's flagship training the RCA, this 1-day training delivers a more basic, introductory version of Recovery Coaching for those who want a general understanding of the recovery process. registration link: [register for Basics](#)

Recovery Coaching in the ED

CCAR 2-day training focused on the role of a recovery coach in the ED. The need for skilled coaches who can work in that setting is growing exponentially. This course will prepare participants for that rewarding and challenging role. **(RCA is a prerequisite for this training)** registration link: [register for RC in the ED](#)

Ethical Considerations for Recovery Coaching

CCAR 3-day training that focuses on the ethical challenges Recovery Coaches face, while providing a framework for creating good boundaries. **(RCA is a prerequisite for this training)** registration link: [register for Ethics](#)

CoacherVision

CCAR 2-day training based on the concept of "coaches coaching coaches." This training will provide participants with an understanding of how to best support coaches day-to-day, and how develop coaches for long-term success.

registration link: [register for CoacherVision](#)

Recovery Coaching and Professionalism

CCAR 2-day training that provides an overview of the professional characteristics needed for success, while exploring the art and science of recovery coaching. registration link: [register for RC & Professionalism](#)

Spirituality for Recovery Coaches (New this Year)

CCAR 2-day training will help you explore your own beliefs and values as it comes to spirituality. It will provide you with the tools and resources needed as a recovery coach so you can speak about spirituality in a way that is accepting of others. registration link:

[register for Spirituality](#)

Recovery Coaching in the Justice Setting (New this Year)

CCAR is excited to share this training designed for Recovery Coaches working in Justice Settings. People who have faced jail time, incarceration, or any involvement within these settings have multiple barriers to overcome. Recovery coaches can assist in navigating those barriers while providing support in their recovery journey. registration link: [register for RC in the Justice Setting](#)

Learn more about how to become a Recovery Coach!

Visit: <https://healthyacadia.org/spr-marc>

[Click here for HA volunteer application](#)



